



Mahajana Education Society (R)
SBRR Mahajana First Grade College (Autonomous)
Affiliated to University of Mysore
Re-Accredited by NAAC with 'A' Grade, College with Potential for Excellence
Post Graduate Wing
Pooja Bhagavat Memorial Mahajana Education Centre
K R S Road, Metagalli, Mysuru – 570 016

Title of the Event and name of the venue	The orientation cum field visit to NIMHANS (National Institute of Mental Health and Neurosciences) , Bangalore
Date	7.04.2025
Details of the department organizing the event in collaboration with institution	DEPARTMENT OF SOCIAL WORK PBMMEC, Mysuru

Purpose and scope of the event:

The orientation cum field visit to **NIMHANS (National Institute of Mental Health and Neurosciences)** was organized as part of the MSW curriculum to provide students with **exposure to mental health institutions and professional practices in the field of psychiatric social work.**

The primary objectives of the visit were:

- To understand the **organizational structure, services, and departments** within NIMHANS.
- To gain insight into the **roles and responsibilities of psychiatric social workers.**
- To learn about **interdisciplinary mental health approaches**, research, and community-based mental health services.
- To bridge the gap between classroom learning and real-world mental health practice.

Details of the talk/event/activity:

Upon arrival, the students were received by the **Public Relations/Training Office of NIMHANS** and taken to the orientation hall. A structured orientation session was conducted by senior psychiatric social workers and training coordinators.

Key areas covered included:

- Overview of NIMHANS history, mission, and national significance.
- Introduction to **clinical departments** such as Psychiatry, Neurology, Neurosurgery, and Clinical Psychology.
- Presentation on **Mental Health Policies and National Programs** in which NIMHANS plays a central role.
- Discussion on **field-level psychiatric social work interventions**, case management, and rehabilitation services.
- Tour of **various clinical and rehabilitation units**, including de-addiction centres, child psychiatry unit, and community mental health outreach units.

Students had the opportunity to interact with professionals from diverse disciplines and ask questions regarding clinical approaches, challenges, ethical dilemmas, and social reintegration of patients.

Event Highlights:

- **Comprehensive institutional orientation** by experts in the field of mental health and neurosciences.
- Exposure to **interdisciplinary teams** working with a wide range of mental health conditions.
- Students gained **first-hand knowledge** of psychiatric assessments, therapeutic interventions, and policy-based practices.
- Visit to specialized departments and rehab units gave students an understanding of **holistic care models**.
- The field visit enhanced the students' **academic understanding, empathy, and professional preparedness** for mental health-related fieldwork.

A brief profile of the resource persons:

- Dr. Nirmala, Prof and Head, Dept of psychiatric social work, NIMHANS, Bangalore
- Mr. Jaydutt, Research scholar, Dept of psychiatric social work, NIMHANS, Bangalore

Target audience and No. of Participants/beneficiaries: 48 MSW students



Signature of the Event Co-ordinator

(Dr. B R Jayakumari)

