



**Mahajana Education Society (R)**  
**SBRR Mahajana First Grade College (Autonomous)**  
Affiliated to University of Mysore  
Re-Accredited by NAAC with 'A' Grade, College with Potential for Excellence  
**Post Graduate Wing**  
**Pooja Bhagavat Memorial Mahajana Education Centre**  
**K R S Road, Metagalli, Mysuru – 570 016**

<b>Title of the Event and name of the venue</b>	Basic Care Life Support (BCLS) Training In Collaboration With: Vivekananda Institute for Leadership Development (V-LEAD), a unit of SVYM Initiative: Jeeva Raksha - A RGUHS and SVYM Certified Training Programme
<b>Date</b>	<b>13.06.2025</b>
<b>Details of the department organizing the event in collaboration with institution</b>	<b>DEPARTMENT OF SOCIAL WORK PBMMEC, Mysuru</b>

**Purpose and scope of the event:**

The Basic Care Life Support (BCLS) training was conducted with the aim of equipping students and faculty members with **life-saving emergency response skills**, including **CPR (Cardiopulmonary Resuscitation)** and initial care during critical incidents such as road accidents, cardiac arrest, and other medical emergencies.

This training focused on:

- Enhancing **emergency response preparedness** in community and institutional settings.
- Building skills to **respond confidently and effectively to sudden medical crises**.
- Creating awareness about the importance of **early intervention in saving lives**, especially outside clinical environments.
- Meeting the standards of **Rajiv Gandhi University of Health Sciences certification**, with training valid for five years.

**Details of the talk/event/activity:**

Facilitated by certified trainers from **SVYM's Jeeva Raksha Team**, the full-day training included:

- **Theory sessions** on the importance of BCLS, common emergencies, and response protocols.
- **Live demonstrations** and **hands-on practice** of CPR techniques on training mannequins.
- Emergency response procedures for:
  - **Road Traffic Accidents**
  - **Snake Bites**
  - **Cardiac Arrest**
  - **Choking and other common emergencies**

- **Assessment and feedback** session to evaluate understanding and practical skill acquisition.

Participants were also educated on the “**Chain of Survival**” concept, including scene safety, emergency contact protocol, and basic airway management.

### **Event Highlights:**

- **Professional, certified training** provided by experts from SVYM under the Jeeva Raksha initiative.
- **Active participation** of MSW students, faculty, and volunteers who practiced CPR and learned how to handle panic situations calmly.
- Emphasis on **community-level first response** and the importance of early action in rural and urban emergencies.
- Students reported **increased confidence and clarity** in handling life-threatening situations before medical help arrives.
- Participants received **valid certification** from RGUHS, with a 5-year validity.

### **A brief profile of the resource persons:**

- Dr. Rekha, Manager SVYM and Trainer, Jeeva Raksha initiative.
- Mr. Satyaraj Trainer, certified Jeeva Raksha initiative.
- Mrs Nandini, Project Co-ordinator, Palliative care centre mysore and certified trainer
- Mr. Anil Kumar Trainer, certified Jeeva Raksha initiative.

### **Target audience and No. of Participants/beneficiaries: 24 MSW students**





**Signature of the Event Co-ordinator**

**(Dr. B R Jayakumari)**