



Mahajana Education Society (R)
SBRR Mahajana First Grade College (Autonomous)

Affiliated to University of Mysore

Re-Accredited by NAAC with 'A' Grade, College with Potential for Excellence

Post Graduate Wing

Pooja Bhagavat Memorial Mahajana Education Centre

K R S Road, Metagalli, Mysuru – 570 016

Title of the Event and name of the venue	Extension activity by students : Basava Marga Rehabilitation centre, Hebbal 2 nd stage, Ilvala, Mysuru
Date	10.06.2025
Details of the department organizing the event in collaboration with institution	DEPARTMENT OF SOCIAL WORK PBMMEC, Mysuru

Purpose and scope of the event: The extension activity at **Basava Marga Rehabilitation Centre**, which specializes in the **treatment and rehabilitation of individuals with alcohol addiction**, was conducted to:

- Expose MSW students to the **real-world challenges of addiction recovery**.
- Understand the **therapeutic methods and rehabilitation strategies** used in de-addiction centres.
- Encourage students to engage in **supportive, psycho-social interventions** for individuals struggling with substance dependence.
- Promote empathy, practical application of classroom theories, and service-learning.
- **Details of the talk/event/activity:** The **nature of alcohol addiction**, patterns of dependency, and withdrawal symptoms.
- The centre's **detoxification protocols, counseling services, group therapy sessions**, and family reintegration support.
- The role of **social workers, psychologists, and peer support groups** in the recovery process.

Student-Led Activities Included:

- **Motivational group interaction** with recovering clients, where students encouraged clients to share personal journeys.
- **Awareness talk** on the impact of addiction on health, relationships, and employment.
- **Recreational and therapeutic engagement** through music, storytelling, and group games to promote emotional well-being.

Event Highlights:

- Students gained **practical exposure to the therapeutic community model** of rehabilitation.

- Real-life interaction with recovering individuals **deepened students' empathy and understanding** of addiction stigma.
- Discussions with staff enhanced students' knowledge of **policy frameworks and community-based care**.
- The visit reinforced the **importance of professional ethics, confidentiality, and non-judgmental practice**.

A brief profile of the resource persons:

- **Mr. Manjunath, Counsellor, Basava Marga Foundation**

Target audience and No. of Participants/beneficiaries: 13 inmates of the rehab centre



Signature of the Event Co-ordinator

(Dr. B R Jayakumari)

